### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden hours
per response... 0.5

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

1. Name and Address of Reporting Person \*

(Print or Type Responses)

McGhee William T

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading Symbol

DELTA APPAREL INC [DLA]

| 2750 PRE  | TT 100  | 3. Date of Earliest Transaction (Month/Day/Year) 06/29/2009 |  |  |                         |           |     |  | _   | _X_ Officer (give title below)Other (specify below) President, Delta Activewear |                           |  |      |  |   |   |
|---|---|---|--|--|-------------------------|-----------|-----|--|---|---|---------------------------|--|------|--|---|---|
| (Street) DULUTH, GA 30097                           |   |   |  | 4. If Amendment, Date Original Filed(Month/Day/Year)   |                         |           |     |  |   |   |                           | 6. Individual or Joint/Group Filing(Check Applicable Line)  X_Form filed by One Reporting Person Form filed by More than One Reporting Person  |      |  |   |   |
| (City) (State) (Zip)                                |   |   |  | Table I - Non-Derivative Securities Acqui              |                         |           |     |  |   |   |                           | red, Disposed of, or Beneficially Owned  |      |  |   |   |
| 1. Title of Security (Instr. 3)                     |   |   | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>any<br>(Month/Day/Yea |                         | ite, if C |     | (A   | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) |   | f (D) Or<br>Tr            | 5. Amount of Securities Beneficially<br>Owned Following Reported<br>Transaction(s)<br>(Instr. 3 and 4)   |      |  | Ownership<br>Form:<br>Direct (D)                            | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|   |   |   |  |  |                         |           | Cod | le V A   | `   | (D)   | Price                     |  |      |  | (I)<br>(Instr. 4)   | (msu. 4)  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year)                  | 3A. Deemed<br>Execution Date, it           | 4. Transac Code  | 5. Number of Derivative |           |     | valid OMB control number.  quired, Disposed of, or Beneficialls, options, convertible securities)  6. Date Exercisable and Expiration Date (Month/Day/Year)  7. Title a of Under Securitie (Instr. 3 a |   |   |                           | and Amount B. Price of Derivative Derivative Security (Instr. 5)  Indianal Amount B. Price of Derivative Derivative Security Security Gowned Following Reported Price Pr |      | Derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s) | Ownershi Form of Derivative Security: Direct (D) or Indirec | Beneficia<br>Ownersh<br>(Instr. 4)                                |
|   |   |   |  | Code   | v                       | and 5)    | (D) | Date<br>Exercisable  | Expirati<br>Date  | on Tit  | tle                       | Amount<br>or<br>Number<br>of<br>Shares   |      |  |   |   |
| Incentive<br>Stock<br>Award -                       | \$ 0.01   | 06/29/2009  |  | A  |                         | 7,200     |     | (1)  | <u>(1)</u> .  | S   | ommon<br>Stock,<br>\$0.01 | 7,200  | \$ 0 | 7,200  | D   |   |

Par

Value

#### **Reporting Owners**

| Donouting Owner Name / Address   | Relationships      |  |                             |       |  |  |  |  |
|--|--------------------|--|-----------------------------|-------|--|--|--|--|
| Reporting Owner Name / Address   | Director 10% Owner |  | Officer                     | Other |  |  |  |  |
| McGhee William T<br>2750 PREMIERE PARKWAY<br>SUITE 100<br>DULUTH, GA 30097 |                    |  | President, Delta Activewear |       |  |  |  |  |

#### **Signatures**

Right to

Buy

| /s/Deborah H. Merrill, POA      | 06/30/2009 |
|---------------------------------|------------|
| **Signature of Reporting Person | Date       |

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This option vests on the date of the Company's filing of its Form 10k for the fiscal year ending July 2, 2011 and expires the next business day.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.