

SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT
TO SECTION 13 or 15(d) OF THE
SECURITIES EXCHANGE ACT OF 1934

DATE OF REPORT (Date of earliest event reported): December 22, 2008

Delta Apparel, Inc.
(Exact name of registrant as specified in its charter)

Georgia
(State or Other Jurisdiction
of Incorporation)

1-15583
(Commission File Number)

58-2508794
(IRS Employer Identification No.)

2750 Premiere Parkway, Suite 100, Duluth, Georgia
(Address of principal executive offices)

30097
(Zip Code)

(678) 775-6900
(Registrant's Telephone Number Including Area Code)

Not Applicable
(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below)

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On December 22, 2008, the Company's Board of Directors appointed James A. Cochran as a director of the Company, filling a new seat on the board. Mr. Cochran (age 61) is Senior Vice President responsible for Investor Relations and Corporate Strategies of TurboChef Technologies, Inc., a provider of equipment, technology and services for high speed preparation of food, a position he has held since October 2007. He was previously the Senior Vice President and Chief Financial Officer of TurboChef Technologies, Inc. since October 2003. The Board has determined that Mr. Cochran is "independent" as defined by AMEX Rule 121A and he has been appointed to serve on the Audit Committee of the Company's board of directors. Mr. Cochran will participate in the Company's 2004 Non-Employee Director Stock Plan and will receive a grant of options for 500 shares of the Company's common stock, which represents the standard grant to each of our directors for service during fiscal year 2009, pro rated for the portion of our fiscal year 2009 during which Mr. Cochran will serve as a director.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

DELTA APPAREL, INC.

Date: December 29, 2008

/s/ Deborah H. Merrill

Deborah H. Merrill

Vice President, Chief Financial Officer
and Treasurer

EXHIBIT INDEX

Exhibit Number

Description

99.1

Press release issued by Delta Apparel, Inc. on December 29, 2008.

Delta Apparel Appoints New Member to Board of Directors

DULUTH, Ga.--(BUSINESS WIRE)--December 29, 2008--Delta Apparel, Inc. (AMEX: DLA) today announced the appointment of James "Al" Cochran to its Board of Directors. Mr. Cochran brings more than 25 years of proven financial and operational leadership to the Board of Directors.

Mr. Cochran is Senior Vice President responsible for Investor Relations and Corporate Strategies of TurboChef Technologies, Inc. (NASDAQ:OVEN), a provider of equipment, technology and services for high speed preparation of food, a position he has held since October 2007. Upon joining TurboChef Technologies in October 2003 and prior to assuming his current responsibilities, Mr. Cochran held the position of Senior Vice President and Chief Financial Officer. He served as Chief Financial Officer of PracticeWorks, Inc. (NASDAQ:PRWK), from 2001 until its acquisition by The Eastman Kodak Company in October 2003 and he served as Chief Financial Officer of VitalWorks, Inc., the former parent of PracticeWorks, from 1999 to 2001. From 1992 until joining VitalWorks, Mr. Cochran was a member of the accounting firm of BDO Seidman, LLP, serving as a Partner since 1995. He is a Certified Public Accountant holding a BS in Accounting and an MBA in Corporate Finance from Georgia State University.

"Al brings a wealth of business experience to our Company," commented Robert W. Humphreys, President and CEO of Delta Apparel, Inc. "The expansion of our Board of Directors ensures our Company will continue to benefit from a diversity of experience and opinions. We are pleased to welcome Al, and are confident he will make a significant contribution to our Board of Directors."

About Delta Apparel, Inc.

Delta Apparel, Inc., along with its wholly owned subsidiaries, M. J. Soffe Co. and Junkfood Clothing Company, is an international apparel design, manufacturing, sourcing and marketing company that features a diverse portfolio of high quality branded and private label activewear apparel. The Company specializes in selling a variety of casual and athletic products through almost every distribution channel for these types of apparel. Its products are sold to specialty and boutique shops, upscale and traditional department stores, mid-tier retailers, sporting goods stores, screen printers, and private label accounts. In addition, certain products are sold to college bookstores and to the U.S. military. Its products are also available direct to consumers on its websites at www.soffe.com, www.junkfoodforever.com, and www.deltaapparel.com. The Company's operations are located throughout the United States, Honduras, El Salvador and Mexico, and it employs approximately 6,700 people worldwide. Additional information about the Company is available at www.deltaapparelinc.com.

CONTACT:

Delta Apparel, Inc.

Company Contact:

Deborah Merrill, 864-232-5200 x6620

Chief Financial Officer

or

Investor Relations Contact:

Brendon Frey, 203-682-8200

Integrated Corporate Relations